



Indigenous Skills for Work and Life Course

Skills for Work and Life

A program developed by Max Solutions RTO to support Indigenous communities and participants to build confidence and work-ready skills. Delivered over 3 days face-to-face.

Topics Covered

- Time management
- Goal setting
- Work-life balance
- Resilience
- Managing stress at work
- Career opportunities

Certificate

Students who complete all program requirements will receive a Certificate of Participation.

Study with Max Solutions RTO

We deliver training across a range of levels, with a focus on understanding each student's goals and helping them choose the right course to get there.